



FALL NEWSLETTER 2016

SPRINGBOARD CONNECTS NEWSLETTER

People are at the centre of everything we do. Our amazing community partners, volunteers, staff and donors, like you, are helping to empower vulnerable individuals to reach for their dreams every day.

[GIVE NOW](#)

November is Financial Literacy month!

Springboard is holding a **Twitter Party** on November 3rd starting at 1 pm, in celebration of Financial Literacy month, held in November each year. Join us to share your thoughts and experiences as we explore what financial empowerment means to us in our everyday moments and how we can all learn to earn, save and spend to better achieve our goals.

Giving Tuesday, a new Canadian movement for giving and volunteering, takes place on November 29th. Join the movement by financially supporting your favourite organization, like Springboard, or volunteering your time to help someone in need. Donations made on Giving Tuesday help support our Financial Literacy workshops.

Horticulture Therapy Brings New Possibilities for Learning

Leisure Lifestyle, a social educational program that promotes the importance of play, recreation and leisure, is helping individuals with developmental disabilities make decisions and discover new things about themselves. It also helps participants achieve and maintain a healthy lifestyle while learning new skills and meeting new people.

Leisure Lifestyle participants experience hands-on horticulture therapy that encourages them to explore how to take care of something other than themselves. Victor, a participant, enjoys the experience immensely. "I love watering the plants. I want them to grow big and tall, and I want to get to eat what grows."



Victor tending to his plants

Positive program feedback led to the development of a new program called Power Planters. Power Planters is a complete Horticulture Therapy Program which enables participants to see the rewards that the taking care of plants brings while helping them learn more about horticulture in a fun and stimulating environment.

This success of our Leisure Lifestyle program has led to its expansion across other Springboard Departments.

Springboard is proud to support participants like Victor in exploring new activities like horticulture and to help increase his independence.

Learn about Springboard's diverse programs and services



[Developmental Services](#)



[Employment Services](#)



[Community Learning HUB](#)



[Community Justice
Youth | Adult](#)

Springboard builds stronger communities by helping at risk and vulnerable youth and adults through critical transitions in their lives with a focus on community justice, employment and development services.

Supportive Counselling Helps Open Doors

Springboard's Youth Court Action Planning Program (YCAPP) connects youth before the courts with integrated community resources. YCAPP counsellors work with youth to build personalized plans that address their behaviours in partnership with their families, the defense counsel, and community partners.

Marisa, a young woman charged with Theft Under, was referred to YCAPP for assistance finding a volunteer placement to complete the 15 volunteer hours needed to resolve her charge. Marisa told her counsellor that she had dreams of being an Early Childhood Educator.

Her counsellor found a volunteer placement for her at the local Boys and Girls Club where she helped with the Summer Day Camp program.

Inspired by her efforts and looking positively towards the future, Marisa is hoping to work part-time with the Club in the fall.



YCAPP Supportive Counsellor at work

Simone, another YCAPP participant, struggled to attend counselling regularly, missing appointments and not communicating with counsellors. Fortunately, by helping Simone to connect with her mother, she soon began attending anger management counselling and even completed her volunteer hours. Through Simone's own resiliency and determination, she had her Assault charge withdrawn and left court with a great big smile and a thank you to all those who helped her succeed.

With support from donors like you, Springboard is helping youth like Marisa and Simone make a brighter future for themselves.

Names have been changed for privacy purposes.

Featured Program



Springboard's Financial Literacy program equips at risk youth with critical financial empowerment skills in banking, savings, spending, budgeting and investment. This 5 session interactive and play-based program is utilized within Springboard's own programs and services and by our Community of Practice partners across Ontario.

In celebration of Financial Literacy month this November, Springboard is participating in the annual Financial Literacy conference organized by the Chartered Professional Accountants of Canada. This year's theme is Mastering Money.

Join us for a Twitter Party on November 3rd to spread the word about financial empowerment or attend one of our Financial Literacy for Youth Workshops in November, hosted by our Employment Services department, and begin planning for a strong financial future.

Together, with our partners, we are helping Ontarians develop positive attitudes around money.

Your Support Matters

Help those in our communities learn new skills, make community connections and reach their goals. By making a donation today, you empower vulnerable individuals to create a brighter future for themselves.

There are a variety of ways for you to make a difference.

- Support our Golf Marathon
- Become a monthly donor
- Make a one-time gift
- Be a corporate sponsor
- Help fundraise
- Volunteer with us

Visit our Donate page and make a difference today!

[GIVE NOW](#)

Visit our website at:

www.springboardservices.ca

Your support truly makes a difference

Tax receipts will be issued for gifts of \$10 or more

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