



springboard

CONNECT. INSPIRE. ACHIEVE.

# SPRINGBOARD CONNECTS NEWSLETTER

Fall/Winter 2017



*People are at the centre of everything we do*

*Our amazing community partners, volunteers, staff and donors, like you, are helping to empower vulnerable individuals to reach for their dreams everyday!*



## \$25,000 Gift from Tawse Winery Event

Springboard was a grateful recipient of a \$25,000 gift donated from proceeds of a concert held honouring the great Canadian musician and icon Gordon Lightfoot.

This fabulous event, held on August 27<sup>th</sup> at the wonderful Tawse Winery in Vineland, Ontario, included an interview with Gordon reminiscing about his prolific career as one of Canada's folk-rock legends, as well as special performances from Canadian artists, like Ron Sexsmith.

These funds will be dedicated to our Cameron Springboard Scholarship that helps deserving youth facing hardship and financial need pursue post-secondary education.

Thanks to Moray Tawse, Tawse Winery and the Tawse Family Charitable Foundation for this donation. We are grateful to be one of the recipients of this wonderful event, along with Princess Margaret Hospital.



From left to right, Frank Bozzo, Dave Hodge, former TSN/CBC sportscaster, Marg Stanowski, Springboard Executive Director, Canadian icon Gordon Lightfoot, Sandy Bozzo, Springboard Advisory Board Member, Moray Tawse of Tawse Winery



## Capital One Supports Financial Literacy

Springboard provides diverse financial empowerment initiatives to help clients earn, save and spend responsibly, including skill development and advocacy to support social service agencies across Ontario through our Community Learning HUB financial literacy program.

Most recently, Capital One provided \$10,000 to help improve the financial security of our clients so that they are better able to build wealth through education, employment, entrepreneurship and more.

*"It is clear that Springboard values selflessly serving our community. With Springboard's ongoing support and program implementation, we will continue to influence positive change to educate youth and families in the community." Corporate Social Responsibility, Capital One Canada*

## New Mindfulness Program Helps Youth

Springboard is developing 5 simple mindfulness techniques to help empower youth to develop critical internal resources that will support their successful transition to adulthood.

Thanks to funds from the Ontario Trillium Foundation, this new mindfulness curriculum will make mindfulness practice available to those youth who have very limited to no access to an easy to learn, adaptable and popular self-regulation tool. This new tool will be shared with youth agencies and Springboard's community of practice of over 750 youth workers across Ontario.

Making mindfulness practice readily available to vulnerable youth will help them become more resilient, healthier, happier and more hopeful for a better future.



## New Music Studios at Springboard!



Springboard is expanding its music therapy programming thanks, in part, to a grant from the Bedolfe Foundation to build 2 new music studios for clients to use within our Developmental and Employment services.

## Youth Visit Barack Obama

Youth participating in Springboard's Employment Services program, Youth Job Link, got to attend a very special event in September to hear former US President Barack Obama deliver an inspiring speech focusing on youth, democracy and civil engagement, at the Metro Toronto Convention Centre.



Susan Steer, Springboard board member, dedicated donor and chair of the Fundraising Committee, donated the \$10,000 table at the Canada 2020 event so that these youth could participate in this once in a lifetime experience.

"It was truly a life changing experience. It was very awesome getting to meet a lot of great successful leaders and learning about their work."

This experience has given me the encouragement and the motivation to change my community and reach out to help others in need."

*Nakeens, Youth Job Link participant*



*Youth Job Link participants hear Obama speak at the Canada 2020 event*

## Cameron Springboard Scholarship

Cameron Springboard Scholarship provides funds to support deserving youth who have faced hardship and financial need to pursue their goals through post-secondary education.

This year, the Scholarship received many applications from deserving youth engaged in Springboard programs. Each candidate was nominated by a Springboard staff member and completed an application outlining their plans for the future.

Thanks to a grant received by the Cameron Family Foundation and additional funds through a donation by Patron Bonnie Foster, we were able to better meet the increasing requests from our clients for assistance, awarding 5 youth with funds up to \$1,670 each, this year.

### Congratulations:

Tara S.  
Jordan J.  
Ramgy P.  
Majuran S.  
Suleiman S.



Judy Jackson, daughter of the late Alexander M Cameron

## Developmental Residences Provide Meaningful Supports

Springboard operates two transitional life skills residences to help individuals with developmental disabilities/dual diagnosis gain skills to live more independently. One such resident is PE.\*

PE has lived at Frank Drea House since 2009 and over the years has worked hard in achieving goals for himself. Recently, he learned to do his own laundry as well as clean his own bedroom and complete other household chores. PE designed a sheet for himself to help him plan his tasks in the house.

He also enrolled in Project Work, a community based vocational program, where he attended job training sessions. He recently graduated from the program with a clear idea of what kind of jobs he would like to apply to in the near future.

PE's full participation in the activities and experiences in the residence has provided him with a sense of fulfillment and belonging.



Revitalized laundry room at Frank Drea House

## A Youth Job Link Program Success

Our Youth Job Link program helps youth who could benefit with some extra help to plan their careers and transition to the labour market.

Marcus\*, a high school student, was looking for support to help him secure his first job. He worked with YJL counsellor Michelle to develop a resume, compose a cover letter, and conduct job searches in his areas of interest. Soon, Marcus received a call from the Best Buy store.

Michelle helped Marcus to prepare through mock interviews. The next day Marcus let Michelle know that "the interview went AMAZING!" and that he was offered the job at Best Buy on the spot. Way to go Marcus!

The YJL program helped 80 youth this year find work, education and training opportunities.

*\*Name changed to protect privacy*



Youth in an employment workshop

# Spirit of Giving — Your Support Matters!

*Helping those most vulnerable in our communities learn new skills, make community connections and reach their personal goals everyday!*



*Bert Steenburgh, General Manager,  
Residential Real Estate,  
Oxford Properties Group*

## Donor Profile

Why do I keep giving to Springboard?

Bert, a former employee of Springboard for ten years, has a strong personal connection to its mission.

“I grew up in the Regent Park area in a rather destitute situation. Through the assistance our family received, community agencies like Springboard were part of the social support network, which made a positive difference in my quality of life in the early years.

Springboard has amazing professional staff and volunteers who invest passion and commitment to the work they do in the community. It operates with financial transparency and invests its resources wisely.”

Donors, like Bert, are invaluable to helping Springboard provide innovative supports to help individuals connect to their communities, discover new opportunities, and achieve their full potential.

## *Transforming Lives*

There are a variety of meaningful ways that you can help make a difference.

- Support our golf marathon
- Become a monthly donor
- Make a one-time gift
- Become a corporate sponsor
- Volunteer with us
- Gift-card donations

By making a donation today, you empower vulnerable individuals to create a brighter future for themselves.

*We thank everyone who gives to help those of us in need.*

## Highlights from our 2017 Year



\$84,141

Raised by supporters of our 2017 Golf Marathon



60

Volunteers helping youth in our Youth Justice Committees



16

Youth developing businesses in Passion to Purpose program



6,200

Hours of HUB skill development to youth

## Get in touch with us!

Donate online at:  
<http://www.springboardservices.ca/donate>

Contact: Ayanna, Fundraising Project Coordinator  
416-977-0089 ext. 210 [ADemetrius@springboardservices.ca](mailto:ADemetrius@springboardservices.ca)

To learn more about being a corporate or community partner:

Contact: Rebecca, Fund Manager  
416-977-0089 ext. 236 [RGrace@springboardservices.ca](mailto:RGrace@springboardservices.ca)

**WWW.SPRINGBOARDSERVICES.CA**



**YOUR SUPPORT TRULY MAKES A DIFFERENCE!**

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